

# Minerva

Supports healthy aging in women



**Pack Size:** 30 hard capsules.

**Serving Suggestion:** Take 1 capsule daily with water, or as directed by a healthcare practitioner.

**Storage Guide:** Store below 25°C in a cool, dry place.

## Often used in conjunction with:

- Omega Ease
- CalmPlex
- BioActivated Calcium
- Femex® Forte

## Product Highlights

Unique proprietary blend of high-quality traditional Korean herbs

Vegan, low excipient combination in a vegetable capsule

### Each Minerva capsule contains:

A proprietary blend of Korean herbs 514 mg  
(*Angelica gigas*, *Cynanchum wilfordii* and *Phlomis umbrosa* standardised to contain not less than 0.335% Nodakenin, 0.0012% Cinnamic acid, and 0.02% Shanzhiside methyl ester)



EstroG-100® is a patented blend of three botanical root extracts shown to be safe and effective.



*Minerva is the Roman goddess of wisdom and the patron goddess of medicine.*

## Nutritional Information

Serving size: 0.82g (1 capsule) — Servings per pack: 30

|              | Average quantity per 0.82g serving | Average quantity per 100g |
|--------------|------------------------------------|---------------------------|
| Energy       | 5kj                                | 551kj                     |
| Protein      | 0.1g                               | 7.9g                      |
| Fat, total   | 0g                                 | 0.3g                      |
| – saturated  | 0g                                 | 0g                        |
| Carbohydrate | 0.5g                               | 59.5g                     |
| – sugars     | 0g                                 | 3.9g                      |
| Fibre        | 0.2g                               | 27.7g                     |
| Sodium       | 0.5mg                              | 62.8mg                    |

Full ingredient list:

Proprietary blend of herbs: *Cynanchum wilfordii*, *Angelica gigas*, *Phlomis umbrosa*, Hypromellose, Water, Cellulose microcrystalline, Calcium hydrogen phosphate, Silica colloidal anhydrous, Magnesium stearate.