CalmPlex

To relieve symptoms of mild anxiety and nervous unrest

Pack Size: 90 hard capsules.

Dosage: Take 3 capsules daily, or as directed by a healthcare practitioner.

Storage Guide: Store below 25°C in a cool, dry place.

Warnings: If symptoms persist, talk to your health professional. Vitamin supplements should not replace a balanced diet.

Contains soya bean products

Often used in conjunction with:

- CurcuForte®
- Oxyguard
- BioActivated Magnesium
- Omega Ease

Product Highlights

Multi-action formula combining key nutrients with traditional calming herbs

Contains lavender essential oil

Provides nutrients involved in nervous system support

High strength, economical formula

Vegan friendly

Easy to swallow, low excipient capsule

Formulated to researched doses

Strictly Practitioner Only

Each CalmPlex capsule contains:

Melissa officinalis (Lemon Balm) extract dry conc.	130 mg
from dry herb	1.3 g
Scutellaria lateriflora (Skullcap) extract dry conc.	250 mg
from dry herb	1 g
Lavandula angustifolia flower (Lavender) essential oil	27 mg
Pyridoxine (Vitamin B6) total content	10 mg
From:	
Pyridoxine hydrochloride	6.08 mg
Pyridoxal 5-phosphate	7.84 mg
Zinc amino acid chelate	10 mg
equiv. zinc	2 mg

Product Indications:

- Lemon balm and Skullcap have traditionally been used in Western herbal medicine as nervines and calmatives, to relieve nervous tension and restlessness, and to relieve symptoms of stress such as sleeplessness
- Lemon balm has traditionally been used in Western herbal medicine to support healthy mood balance
- Zinc and vitamin B6 support nervous system and brain function and healthy mood balance
- Vitamin B6 aids in the synthesis of neurotransmitters