



**Pack Size:** 60 and 150 hard capsules.

**WARNINGS:** The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men. When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects. If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible [Contains Vitamin B6]. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional.

**Directions for Use:** Take 1 capsule twice daily with water, or as directed by your healthcare practitioner.

**Storage Guide:** Store below 25°C in a cool, dry place.

**Further Warnings:** Use only if cap seal is unbroken. Contains soya bean products.

### Often used in conjunction with:

- Omega Ease
- Rhodiola Complex®
- Vitamin C range
- BioActivated Magnesium

### Product Highlights

Vegan, low excipient, comprehensive formula

Contains essential minerals and multi-form B-vitamins to support the health of the immune, cardiovascular and nervous systems and cognitive function

Naturally chlorophyll-coloured vegetable capsule for optimal nutrient protection

Convenient capsule form to increase patient compliance and allow for flexible prescribing

Strictly Practitioner Only

### Each BioTress® capsule contains:

Retinol acetate	177.1 micrograms	equiv. d-alpha-Tocopherol	
equiv. Vitamin A	150 micrograms	(Natural Vit E)	50 IU
retinol equivalents		Phytomenadione	
equiv. Vitamin A	500 IU	(Vit K1)	50 micrograms
Thiamine hydrochloride	41.24mg	Citrus bioflavonoids	
equiv. Thiamine (Vit B1)		extract	12.5 mg
	32.45mg	Hesperidin	7.5 mg
Riboflavin (Vit B2)	15 mg	Rutoside	2.5 mg
Nicotinamide	107.5 mg	Calcium	
Nicotinic acid	2.5 mg	(from calcium phosphate)	5 mg
Calcium pantothenate	75 mg	Chromium (from chromium	
equiv. Pantothenic acid (Vit B5)		picolinate)	25 micrograms
	68.71 mg	Copper (from copper gluconate)	
Pyridoxine hydrochloride	10 mg		50 micrograms
equiv. Pyridoxine (Vit B6)		Iodine (from potassium iodide)	
	8.23 mg		65 micrograms
Pyridoxal 5-phosphate monohydrate	10.7 mg	Magnesium (from magnesium amino	
equiv. Pyridoxine (Vit B6)		acid chelate)	10 mg
	6.85 mg	Manganese (from manganese amino	
Folic acid	95 micrograms	acid chelate)	
Calcium folinate	114 micrograms		500 micrograms
equiv. Folinic acid		Molybdenum (from molybdenum	
	105 micrograms	trioxide)	50 micrograms
Cyanocobalamin		Potassium (from potassium citrate)	
(Vit B12)	200 micrograms		4.5 mg
Biotin	50 micrograms	Selenium (from selenomethionine)	
Choline bitartrate	25 mg		25 micrograms
Inositol	12.5 mg	Silicon (from silica-colloidal	
Ascorbic acid	100 mg	anhydrous)	6 mg
Colecalciferol	6.25 micrograms	Zinc (from zinc citrate dihydrate)	
equiv. Vitamin D3	250 IU		7.5 mg
d-alpha-Tocopheryl acid succinate		Peppermint Oil	1 mg
	41.3 mg	Chlorophyll coloured capsules.	