

Neurosagena® B-Komplex active Gold



Activated B vitamins as a contribution to stress resistance

The popular product Neurosagena® B-Komplex active (formerly Neurogesan® B-Komplex active) is available in a proven modern formula: As a special feature of this premium product from the Gold series, vitamin B2, vitamin B6 and folic acid are contained in their activated form, while the MHA formula provides all three natural forms of vitamin B12. To meet the latest scientific standards, high doses of the B vitamins pantothenic acid, niacin, folic acid, biotin and vitamin B12 are also used. Neurosagena® B-Komplex active - with power!

Especially in today's fast-moving world, our body is exposed to enormous pressure, whether at work or at home. Constant time and success pressure as well as the restlessness of everyday life strain both our nerves and sensations and emotions and lead to stress. These everyday stresses stress our psyche and often cause even the smallest details to trigger a feeling of tension in us.

In such times it is particularly important to support the nerves in order to maintain one's inner balance and stress resistance. The water-soluble vitamins of the B-complex (vitamins B1, B2, B6, B12, niacin and biotin) play a role mainly in the normal functioning of the nervous system, in addition folic acid and vitamin C contribute to normal mental functions.

Biogena Neurosagena® B-Komplex active contains all 8 valuable B vitamins in optimally coordinated dosages as well as phosphatidylserine from sunflower lecithin and is therefore suitable for supporting the functions of nerves and psyche - an ideal companion in challenging phases of life.

Neurosagena® B-Komplex active

- High-quality high-dose preparation in modern formulation
- Contains all the vitamins of the B-complex in a coordinated, high dosage
- With the activated forms of vitamin B2, B6 and folic acid as 5MTHF glucosamine - especially important for people whose bodies can only activate folic acid to a limited extent.
- With vitamin B12 as MHA-formula - with all 3 naturally occurring forms of the vitamin
- The vitamins B1, B2, B6, B12 as well as niacin and biotin support the maintenance of the normal function of the nervous system.
- The contained vitamins B1, B6, B12 as well as folic acid, niacin and biotin contribute to the normal mental function.
- The B vitamin pantothenic acid plays a role in the normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters and supports normal mental performance.
- Supplemented with natural phosphatidylserine from sunflower lecithin

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Possible applications:

- As a contribution to emotional well-being and stress resistance
- To support the nervous system and the psychic function especially during physical exertion
- To maintain inner balance and a stable psyche
- For the supply of B vitamins in their activated form

Bioavailable micronutrients in a pure form:

- According to the pure substance principle
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Pantothenic acid	100 mg	1667
Niacin (mg NE)	100 mg	625
Thiamine (vitamin B1)	40 mg	3636
Riboflavin (vitamin B2) total	40 mg	2857
<i>as Riboflavin 5-phosphate (activated)</i>	20 mg	1429
Vitamin C	20 mg	25
Vitamin B6 total	10 mg	714
<i>as pyridoxal-5-phosphate (activated)</i>	5 mg	357
Folate (total)	600 µg	300
<i>as calcium-L-methylfolate (Extrafolate-S®) (activated)</i>	400 µg	200
<i>as 5MTHF-glucosamine (Quatrefolic®) (activated)</i>	200 µg	100
Biotin	750 µg	1500
Vitamin B12 (MHA-Formula)	500 µg	20000
Phosphatidylserine (PS)	10 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Calcium-D-pantothenate, nicotinamide, hydroxypropyl methyl cellulose (capsule shell), phosphatidylserine powder from sunflower lecithin, thiamine mononitrate, L-ascorbyl 6-palmitate, vitamin B12 (methylcobalamin, hydroxocobalamin, 5'-deoxyadenosylcobalamin), sodium riboflavin 5'-phosphate, bulking agent: powdered cellulose, riboflavin, pyridoxal 5'-phosphate, pyridoxine hydrochloride, D-biotin, calcium-L-methylfolate, 5MTHF-glucosamine.

RECOMMENDED DOSAGE

1 capsule daily taken with plenty of liquid.

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BIOGENA
WELCOME TO YOURSELF

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Suitable for adults only.

PACKAGE SIZE AND CONTENT

60 capsules (2 month supply), 32 g

180 capsules (6 month supply), 95 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Quatrefolic® and Extrafolate-S® are registered trademarks of Gnosis S.p.A. Subject to print or typographical errors. Version: 17.10.2023.



Quatrefolic®



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